

TALLIMBA PUBLIC SCHOOL

A little school achieving big things

Term 3 – Week 7

Issue 25

Tuesday 3rd September, 2019

Coming Events

This Week

Wednesday 4th September

- West Wyalong Show – gazetted ½ day public holiday

Thursday 5th September

- Trent Barrett Shield in Temora (Yr 3-4)

Friday 6th September

- Library
- Sport

Coming Soon

Friday 13th September

- Western Athletics - Dubbo
- P&C Meeting

Wednesday 18th September

- Illustrator Visit 2-3pm Ben Wood

Friday 20th September

- Jump Rope for Heart Disco

Tuesday 24th September

- Altina Wildlife Park

Friday 27th September

- Emergency Services Day @ Wyalong Public School

Office Days

Week 7

Tuesday, Wednesday Morning

Week 8

Monday – Thursday



www.facebook.com/TallimbaPS/

Welcome to Term 3, Week 7

A huge thank you to our P & C for the tremendous organisation of their school fundraiser 'Between A Frock And A Hard Place'. The event was a huge success which is a direct result of teamwork and everyone's commitment to helping out our school. Our thank you is heartfelt for a truly amazing effort. Our students will benefit greatly from all your hard work.

As the end of the Term approaches we have a variety of special learning opportunities to look forward to.

This week is the start of Fruit and Vege month with Mrs Quade organising some exciting activities which highlight the benefits of healthy eating.

This week is also electrical safety week. Over the next few weeks all will be learning about electricity and electrical safety through the Electricity Safety Week program. To kick it all off, Essential Energy have provided a torch for each student, powered by hand, rather than battery. Here's a tip to help keep you and your family safe:

Stay away from anything that may be in contact with a powerline, such as fences or trees, as they are conductors of electricity. Be aware that electricity can arc to surrounding objects and possibly you if you are too close. You can be seriously injured without actually touching the powerline.

You can request a map showing the general location of Essential Energy's overhead electricity network for your property to help you identify potentially hazardous areas.

Visit essentialenergy.com.au/overhead

Our Primary excursion to Borambola will be upon us before we know it. Last week, a note was sent home regarding a payment plan and the need to register online. If you need help to register online please see Mrs McCullough in the office for assistance.

We have our third confirmed case of Whooping Cough which is a highly infectious disease. To minimise the spread of this disease within our community if you, your child or a family member has a cough I strongly encourage you go to the GP to be tested. Please see attached flyer for further details.

Staff will be attending MAPA training in two twilight sessions today and next Tuesday. These sessions run for three hours each and replace the Staff Development Day on Friday the 20th of December. The Management of Actual or Potential Aggression (MAPA) has a core philosophy of providing for the care, welfare, safety and security of students and staff in educational settings. The training provides strategies and skills for staff members to respond safely and effectively to a variety of situations using a framework with a strong focus on prevention and de-escalation.

Our trip to Lake Cargelligo which was to be this Friday has been postponed until November 1st next term. We are looking forward to joining Lake Cargelligo Central School NAIDOC celebrations. Tomorrow is a gazetted half day public holiday due to the West Wyalong show. The school hours tomorrow are 8:30 to 12pm. The buses will collect students for the return journey at 11am. The school will be closed from 12pm.

Good luck to the boys attending the Trent Barrett shield this Thursday. I know you will be wonderful ambassadors for our school.

Congratulations to Jackson Protheroe who is our Citizen of the Week. Jackson is an engaged learner who actively participates in all aspects of school life. Well done, Jackson!

Have a great week!

Melanie Johnson

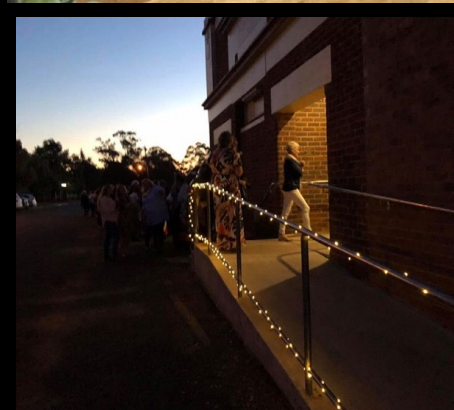
Principal

BETWEEN A FROCK AND HARD PLACE TALLIMBA



Thank you to our fabulous P&C for all the hours and days and weeks and months that were put into creating this fabulous event. Everything looked beautiful, tasted beautiful and sounded like so many women enjoying themselves, because of your vision and hard work.

Photo credit: Harriett Kelly & Kate Quade





Citizen of the Week

Jackson Protheroe



Lewis Oxenbridge, Jackson Protheroe, Rowdy Thompson and Dan Quade will travel to Temora on Thursday to take part in the Trent Barrett Shield, a rugby league competition for students in years 3 & 4.

We wish them all the best.
Don't forget your mouth guards!

We're skipping through the Term!

Jump Rope for Heart is well underway and it's great to see so many children out in the playground skipping.

It's not long until our Jump Rope for Heart Disco on the 20th September so keep on practicing those tricks. Donations for our jump off day can be made to the front office.



1/2 DAY PUBLIC HOLIDAY

West Wyalong Show Day 4th September

The buses will run as normal in the morning, and collect students from school at 11am to return home. If your child won't be attending school at all, please let us know ASAP so that we can plan accordingly.



LIVING WELL PHOTOGRAPHY COMPETITION 2019



1st Prize: \$300

2nd Prize: \$200

3rd Prize: \$100

THEME: MY TRIBE

We are social beings. We connect and interact with people and places that we feel close to. Environments where we feel safe, secure, strong or supported. We are seeking photographs that portray people that you feel comfortable around and/or places that you feel comfortable being. It could be your family, relatives, friends or an iconic person in your life. It could be an event that you attend, gathering that you hang out at, or a place that you visit to refresh and be inspired. Tell us about the people and places where you feel acknowledged, accepted, loved by submitting a photograph with a title and description (maximum 100 words) that captures your idea.

SLHD Staff Award \$100
Technical Award \$100

FREE ENTRY

Information & Registration

<https://www.slhd.nsw.gov.au/MentalHealth/photocompetition.html>



Health
Sydney
Local Health District

Submission By

30.09.2019

BLAND SHIRE COUNCILS CHILDRENS
SERVICES PRESENTS

Outdoor FAMILY MOVIE NIGHT

FRIDAY 27th SEPTEMBER · PRE-ENTERTAINMENT
FROM 5:30PM · MOVIE 7PM
BARNARDO PARK
WEST WYALONG

ADMISSION : FREE

JUMPING CASTLE, LAZER TAG, BUBBLES,
TOY LIBRARY ACTIVITIES, FACE PAINTING,
MR WHIPPY, COFFEE VAN, POPCORN,
SAUSAGE SIZZLE

PG

DON'T FORGET TO BRING A CHAIR AND BLANKET
FOR MORE INFORMATION CALL 69722795





NAPLAN Online Readiness Test

NAPLAN is moving from a paper-based test to online (computer based assessment) and as part of this transition during Week 9 this term (16th & 17th September) students from **Year 2,3,4 & 5** will be participating in the NAPLAN Online School Readiness test.

The school readiness test is a 'practice run' for schools to assess their technology ahead of NAPLAN Online. The readiness test is not an assessment of student ability.

The readiness test allows schools to:

- become familiar with the NAPLAN Online test format and processes
- check whether they have the technical capacity, rooms and devices to administer NAPLAN Online
- provide students in Years 2,3,4 & 5 with the opportunity to experience the online test question types and format by completing a practice NAPLAN online test.

When is the NAPLAN online readiness test?

Readiness testing will occur throughout Week 9 on 16th and 17th of September.

Do you need to prepare your child for the NAPLAN Online School Readiness Test?

NO, your child will not need any academic preparation for the school readiness test. This is not a test of their literacy and numeracy skills, but an opportunity for them to experience the online test format and for their school to assess its online testing capability.

How long is the school readiness test?

The school readiness test is expected to include two assessments: a writing assessment* and a combined numeracy/literacy assessment. The duration of each assessment will be approximately 40 minutes. * Year 2 & 3 students will only be expected to complete the combined numeracy/literacy assessment.

Will schools and parents be provided with information on the results of the readiness test?

There will be feedback to schools about the technical information gained from the readiness testing. There will be no reporting of student test results from the readiness test.

What provisions are there for students with disabilities/withdrawal or exemption?

Students will be granted extra time and rest breaks if deemed appropriate. If you would prefer your child doesn't participate in the School Readiness Test, please contact the school.

If you have further queries, please speak to Mrs Haworth.

Mrs Lisa Haworth
NAPLAN Coordinator

Dana's story

Baby Dana was born a happy, healthy girl.

She was breastfeeding well and putting on weight.

At 11 days old, she developed a blocked nose and was unsettled at night. Dana's parents acted quickly and saw the GP. When she was three weeks old,

Dana developed an occasional cough and appeared to gag, and her parents returned to the GP. As soon as Dana tested positive for whooping cough, she went straight to hospital.

Soon after arriving, Dana had her first coughing bout where she turned blue and needed oxygen.

On the third day at hospital, Dana developed pneumonia and she was placed on a ventilator. She was transferred to intensive care.

On the fifth day, the whooping cough toxins caused her organs to shut down and Dana had a cardiac arrest. She was only 32 days old when she died.

Nobody knows where Dana was infected with whooping cough. It may have been at her sibling's school or preschool. A loving relative or friend, or a complete stranger may have unknowingly passed the infection on.

Whooping cough affects people of all ages, but the real danger of the devastating disease is on young babies like Dana.

That's why it's up to everyone to

IDENTIFY • PROTECT • PREVENT



Where do I go for further information?

For more information please contact your doctor, local public health unit or community health centre. Look under NSW Government at the front of the White Pages.

Public Health Units in NSW 1300 066 055

Save the Date to Vaccinate

It's important to make sure that vaccinations are given on time so that babies are protected early and not at risk of catching serious diseases. The 'Save the Date to Vaccinate' phone App may help you ensure that your child's vaccinations are given on time.



Check out the 'Save the Date to Vaccinate' website for useful information and resources such as the ability to print a personalised immunisation schedule for your child(ren) and videos at www.immunisation.health.nsw.gov.au

Websites

NSW Health Immunisation Programs
www.health.nsw.gov.au/immunisation

NSW Health Whooping Cough (Pertussis)
www.health.nsw.gov.au/pertussis

Whooping Cough





IDENTIFY

What is whooping cough?

- Whooping cough (or pertussis) is a serious respiratory infection that causes a long coughing illness. In babies, it can lead to pneumonia and brain damage.
- Whooping cough can be life-threatening for babies. Newborns are not immune and they often get extremely sick.
- Older children and adults can get whooping cough and can spread it to others, including babies.
- Antibiotics can prevent whooping cough spreading if given early but the cough often continues after treatment.

What are the symptoms?

- Whooping cough starts like a cold with a blocked or runny nose, sneezing, a mild fever and an occasional cough.
- The cough gets worse and severe bouts of uncontrollable coughing develop. Coughing bouts can be followed by vomiting, choking or taking a big gasping breath which causes a "whooping" sound. The cough can last for many weeks and can be worse at night.
- Some newborns don't cough at all but stop breathing and turn blue.
- Older children and adults may just have a mild cough that doesn't go away.

How is whooping cough spread?

- A person with whooping cough can spread it to others in the first 3 weeks of illness. Bacteria coughed into the air can be inhaled by babies, children or adults nearby.



PROTECT

Protect your baby

- Pregnant women should be vaccinated in the third trimester (preferably at 28 weeks) so their immunity transfers to their baby to protect them during the first few months of life, until they are old enough to be vaccinated.
- The first course of whooping cough vaccine for babies is given at 6 weeks, 4 months and 6 months of age.
- It is important to vaccinate your baby on time so they can be protected as soon as possible.
- If your baby's vaccinations are overdue, speak to your GP about catching up now.
- Whooping cough vaccine is effective but doesn't protect all babies. You still need to 'watch out', even if your baby is vaccinated, by keeping people with a cough away from them and asking close adult family members and carers to be vaccinated if they have not had a whooping cough vaccine in the past 10 years.

Older children

- By vaccinating older children at 18 months and 4 years of age and again in the first year of high school, you boost their protection against whooping cough. This also helps to stop spread of the disease to young babies and others.
- Check that all of your children have been fully vaccinated.
- Remember that vaccinated children can still catch whooping cough.

Adults

- Adults can get whooping cough and can spread the infection to babies. They may just have mild symptoms and may not realise that their cough could cause harm.
- Pregnant women should be vaccinated in the third trimester (preferably at 28 weeks) of each pregnancy, even if the pregnancies are close together.
- If whooping cough vaccine is not given during pregnancy, new mothers should be vaccinated as soon as possible after delivery and before leaving hospital.
- Adult family members and carers who have close contact with newborn babies should be vaccinated, at least 2 weeks before any contact, if they have not had a whooping cough vaccine in the past 10 years.
- Child care and health care workers should get a booster every 10 years.



PREVENT

How can I prevent the spread of whooping cough?

- Whooping cough is highly infectious in the first 3 weeks. It spreads easily through families, childcare centres and schools, so it's important to act fast.
- Anyone with symptoms should see a doctor as soon as possible. Your GP can test for whooping cough. Early diagnosis is especially important for new parents and people who have regular contact with babies.
- If whooping cough is detected early enough, your doctor may prescribe a course of antibiotics for 5 days.
- People diagnosed with whooping cough should stay away from work, school or childcare until no longer infectious. Ask your doctor when it's safe to return.

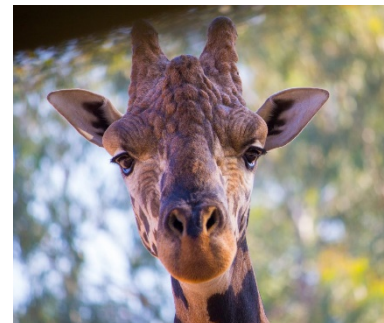




Tallimba Public School



Excursion



When: Tuesday, 24th September 2019

Where: Altina Wildlife Park

Why: Dojo Reward Day

Cost: \$0 (The cost has been generously covered by the P&C)

What to bring: Lunch, Recess, Water Bottle, Hat

Time: We will leave school at 8:00am and return at 3:00pm for normal buses.

Mrs Haworth and Mrs Quade will be accompanying the students to this event.

Student Name/s: _____

Yes/No	I give permission for my child/ren to travel by bus to Altina Wildlife Park, Darlington Point on Tuesday, 24th September 2019, to tour the zoo. They will be travelling with Kellys Coaches.
Yes/No	I give permission for First Aid to be administered or Emergency Services to be called in the event that my child/ren are ill or injured.
Yes/No	I understand that the students will be leaving Tallimba Public School at 8:00am and returning at 3:00pm.

Signed: _____ Date: _____