

TALLIMBA PUBLIC SCHOOL

A little school achieving big things

Term 4 — Week 7

Issue 37

Thursday, 24 November 2022

Coming Events:

Week 7

Thursday 24 November

- Middle School
- Kindergarten Orientation

Friday 25 November

- P&C Meeting 10am
- Sport

Week 8 – Intensive Swimming all week

Thursday 1 December

- Kindergarten Orientation 9:00 – 12:00
- Middle School

Week 9 – Intensive Swimming all week

Thursday 8 December

- Kindergarten Orientation 9:00 – 12:00
- Middle School – last day

Week 10

Monday 12 December

- Year 6 Farewell

Tuesday 13 December

- Presentation Evening 6:30pm

Wednesday 14 December

- PBL Wrap Up at Holland Park Pool

Friday 16 December

- Last day of school for students

Week 11

Monday 19 December

- School Development Day (Teachers only)

Tuesday 20 December

- School Development Day (Teachers only)

Welcome to Week 7

Congratulations to Clare Hueske who is our Citizen of the Week. She contributes positively to all aspects of school life and upholds our school values of respect, responsibility, and citizenship. Super work, Clare!

Our PBL focus for this fortnight is *Stand up, speak up, rise above the pack*. Make our school a better place by standing up for what is right. Use your voice to speak up - your words and actions can help. When we work together and stand up, we make our school a safer and more supportive place.

This week was our last week of library borrowing for 2022. Students will be receiving overdue notices next week. If you cannot find any of the books on the notice, please sign the notice and return it to school. If a book has been damaged, please just return what is left of the book so it can be removed from the child's record and our collection.

We are providing families with advanced notice that we will be having two consecutive School Development Days at the beginning of next year, Friday, January 27th and Monday, January 30th. Students will commence on Tuesday, January 31st.

Our swimming for sport program starts Monday and runs for two weeks. We ask all students to come to school prepared for swimming. Students will need; swimmers, rash shirt, towel, sunscreen, goggles, hat, warm clothes if a cold day, water bottle, plastic or reusable bag for wet items.

If you know of any students intending to enrol at Tallimba Public School, please encourage their parents or carers to contact us so we can make accurate decisions about our class setup for next year.

Congratulations to Isla Petrie and Lily Hueske who were drawn out of the Positive Behaviour for Learning (PBL) Reward Ticket box and are our PBL Stars of the week. Good luck in next week's draw.

Have a great week!

Melanie Johnson
Principal



Tomorrow Friday, 25th November at 10am

Week 7

Clare Hueske



Citizen of the Week

CONTACT US Kikoira St, Tallimba NSW 2669 Ph: 6975 7251 Email: tallimba-p.school@det.nsw.edu.au Website: www.tallimba-p.schools.nsw.gov.au

We would like to acknowledge the Wiradjuri People, Traditional Custodians of the land on which we gather and pay our respects to their Elder's past, present and emerging.

PBL Stars of the Week



Lily Hueske



Isla Petrie

Attention Year 6 Families

Miss Forrest is currently gathering photos of the Year 6 students. She would appreciate if families can please email a baby photo of your child to amber.forrest3@det.nsw.edu.au.



School Swimming and Water Safety Program



Tallimba Public School students will be participating in the School Swimming and Water Safety Program commencing next week, Monday 28th of November (Week 8) until Friday 9th December (Week 9).

Students will need: Swimmers, a rash shirt, towel, sunscreen, goggles, hat, warm clothes if a cold day, water bottle, plastic or reusable bag for wet items.

Thongs can be worn to, from and while at the pool. Enclosed shoes must be worn to school.

SAVE THE DATE

Year 6 Farewell

Monday 12th December 2022

Presentation Evening

Tuesday 13th December 2022

ABSENCES

Please remember to notify the school if your child is not at school for any reason. The school is required to record explanations for all absences. You can send a note in when your child returns to school, send an email, or give us a call.



The library is now closed for borrowing. Students will need to return any outstanding loans they have as well as any classroom readers.

Year 4/5/6 & Miss Forrest

Excursion to Bendigo & Ballarat

Day 1

We travelled from Griffith Visitors Centre to Bendigo. After 2 hours, we stopped at Tocumwal to have a snack and a little run around in the waterpark with all the kids that went on the camp. Once we were at Central Deborah Gold Mine in Bendigo, we had our lunch, and we went 60m underground with our tour guide Sarah-Jane. We learnt what working life was like for a miner, how they blew up the ground, what torches were used, where they had breaks and how the gold got from the bottom to the surface.

When we left Bendigo, we travelled to a reserve just outside Ballarat to play outdoor laser tag. When we arrived, we got dressed and got our guns ready. Everyone was put in 2 different groups- years 3 and 5 and year 4 and 6. Years 3 and 5 were called the hats and years 4 and 6 were called the headbands. We played 3 games in total. In the first round we 10 lives each and if we ran out of lives and died, we were revived by the instructor. In the second round, we had 25 lives but if you lost all your lives, you could not come back to into the game. In the third round, we had 1 minute to run to the packing up area and hide. When the time was up, the hats team had to come and shoot us.

After laser tag, we got back on the bus to get pizza from Dominos for dinner. Everyone got 2 slices of whatever pizza they ordered. After dinner, we found out what the sleeping arrangements were then went to our room to have a shower and go to bed. By Clare





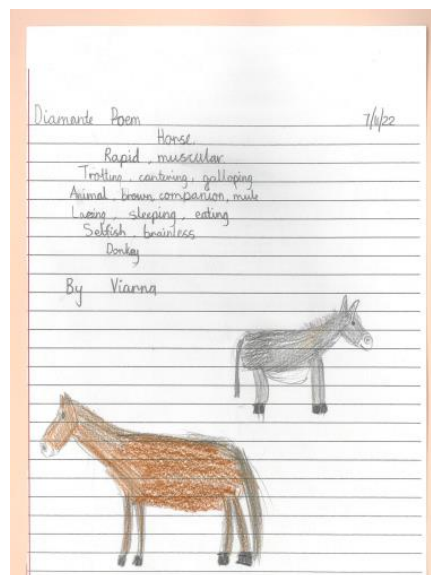
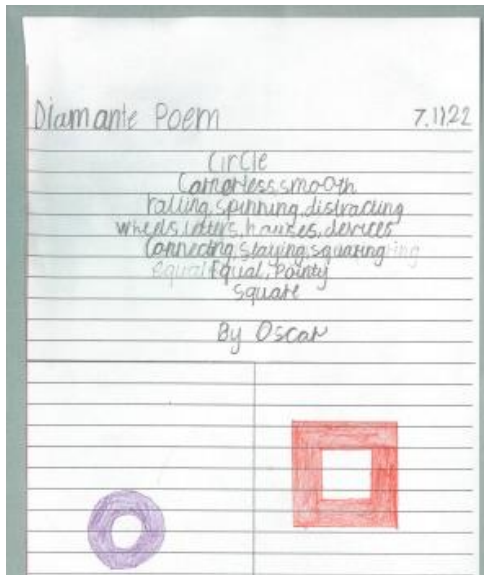
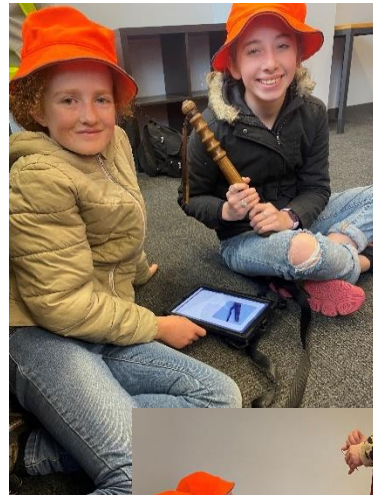
Everyone got the opportunity to touch the million-dollar block of gold! Unfortunately, no one was successful in picking it up or bringing it home.



Writing

In Writing, we have almost finished our Poetry unit. Limericks and Cinquain's are the last two poems we will learn about and write.

Here are Oscar & Viarna's published Diamante poems 😊



Make your own salad Meal Deal

including a frozen cordial cup and frozen yoghurt icecream



Stuck for lunch box ideas as the end of term nears closer? Check out The Cancer Council's webpage for some ideas.

<https://healthylunchbox.com.au/healthy-lunch-box-examples/>



This was our last meal deal for this year. The PBL team raised \$77.

These have been a huge hit with the students, and we look forward to continuing with meal deals next year. Thank you to all families for your support.



TERM 4 Calendar

WEEK	MON	TUE	WED	THUR	FRI
7	21 November	22 November	23 November Library	24 November Middle School Kindergarten Orientation	25 November Sport P&C Meeting
8	28 November Intensive Swimming	29 November Intensive Swimming	30 November Intensive Swimming	1 December Intensive Swimming Middle School Kindergarten Orientation 9-12	2 December Intensive Swimming
9	5 December Intensive Swimming	6 December Intensive Swimming	7 December Intensive Swimming	8 December Intensive Swimming Middle School Kindergarten Orientation 9-12	9 December Intensive Swimming
10	12 December Year 6 Farewell	13 December Presentation Evening	14 December PBL Wrap Up Day at Holland Park Pool	15 December Presentation Evening back up	16 December Last day of school
11	19 December School Development Day	20 December School Development Day			
Term 1 2023 1					27 January School Development Day
2	30 January School Development Day	31 January Students return	1 February	2 February	3 February
3	6 February	7 February	8 February Combined Swimming Carnival	9 February	10 February

Get active each day

Being active helps us stay healthy. Find lots of ways to be active each day.

HOW MUCH ACTIVITY SHOULD KIDS DO EACH DAY?

Toddlers 1-2 years Preschoolers 3-5 years

School age 5-12 years

3 active hours across the day

- Standing up
- Moving around
- Active toys

1-3 physical activity across the day

- Be active so your breathing and heart beats faster:
- Fast walking
 - Riding a bike or scooter
 - Playing sport

Source: Australia's Physical Activity and Sedentary Behaviour Guidelines and Australian 24-hour Movement Guidelines for the Early Years (0-5 years). This resource was developed by Western Sydney Local Health District, published June 2021.



Choose healthy snacks

Healthy snacks help meet kids' nutrition needs. Choose snacks based on:
• vegetables • fruit • milk • cheese • yoghurt • wholegrain breads, crackers and cereals

WHAT IS A HEALTHY SNACK?



Include fresh foods & wholegrain varieties as snacks



This resource was developed by Western Sydney Local Health District, published June 2021.



Eat more vegetables and fruit

Vegetables and fruit taste great and keep us healthy. Everyone should eat fruit and veggies every day. Most kids eat fruit each day but they don't eat enough veggies.*

HOW MANY VEGETABLES SHOULD KIDS EAT EACH DAY?

2-3 YEARS 2 1/2 Servings 4-8 YEARS 4 1/2 Servings 9-18 YEARS 5 Servings

A serve of vegetables and legumes/beans is:



HOW MUCH FRUIT SHOULD KIDS EAT EACH DAY?

2-3 YEARS 1 Serving 4-8 YEARS 1 1/2 Servings 9-18 YEARS 2 Servings

A serve of fruit is:



*Australian Bureau of Statistics (National Health Survey, 2014-15). **Recommended intakes have been rounded based on the Australian Dietary Guidelines (2013, 2015). This resource was developed by Western Sydney Local Health District, published June 2021.



COMMUNITY NEWS



Bland Shire Library 2022 Christmas FOOD & GIFTS APPEAL

Please place your non-perishable in-date
FOOD in the basket under our Christmas
tree before Friday 16th December



and

Please place your unwrapped Christmas
gifts for children up to the age of 10 years
under our Christmas tree before



Friday 16th December



Thank you



CLEANERS WANTED

Joss Facility Management provides cleaning services to local Schools and other sites in this area. We are looking for local people to assist us in maintaining these sites by joining our Company as a Cleaner.

A Joss cleaner's role includes: Cleaning, stocking and supplying designated facility areas (dusting, sweeping, vacuuming, mopping, restroom cleaning etc)

Joss Facility Management provide staff with a uniform, training and a supportive work environment.

We invite you to register your interest in working with Joss by sending an email to careers@jossgroup.com.au or call 02 6051 1900.

Joss welcome you to visit our website www.jossgroup.com.au for further information on our Company. We look forward to welcoming some new faces to our team.

APPLY
NOW:



www.jossgroup.com.au
cleaning@jossgroup.com.au

02 6051 1900

West Wyalong Hospital Auxiliary Carols by Candlelight

Sunday December 11
7.30pm at Barnado Park

Gold Coin donation for entry
Please bring your own chair or rug

All Welcome

In case of inclement weather, the Carols will be held at the
West Wyalong S&C Club Auditorium

COMMUNITY NEWS



CHRISTMAS PHOTO STALL

When: Friday 25th November

Where: Front of Auswild & Broad

Price: \$3 PER INSTANT PHOTO

Time: 5pm - 8pm



THE TALLIMBA SPORTS CLUB INC

PRESENTS

TALLIMBA VINTAGE HARVESTER & GRAIN HANDLING DAY



21ST JANUARY 2023

Tallimba Rec Grounds
from 9am

Entry \$20 • Family \$50 • Under 16's Free

BBQ & BAR

Camping & Caravans Welcome

Tractor Pull under NHMA Guidelines

Stationary engines

Vintage Tractors, Trucks & Machinery displays



We wish you a Merry Christmas



Ungarie Bowling Club
invites you to their

Christmas Stocking & Bowls Evening

23rd
DEC

Bowls . Dinner . Santa .
Drawing of the Christmas
stocking

More information to
come

6:00
PM